FEELING SICK?
GUIDANCE ON COVID-19

Do you feel sick?

Yes  No

Do you feel it is life-threatening?

Yes  No

Immediately Call 911

Do you have the symptoms of COVID-19? They include:
• fever  • cough  • shortness of breath  • loss of taste or smell

Yes  No

• Stay at home as much as possible
• Contact your SCI/D care team or doctor for advice

Stay at home as much as possible
• Follow CDC guides
• Identify a backup caregiver per the guidance on pva.org
• Contact your SCI/D care team or doctor for any health concerns

NOTE: If you have trouble reaching SCI/D care team OR doctor OR if you feel you need hospital admission and were denied, contact your national service officer

To locate your service officer, please visit pva.org/nso